

# SEL 3 Signature Practices: **Getting it Down PATT!**

**P**urpose **A**lignment **T**ransparency **T**arget

CHECK ONE



Inclusive  
Welcome

Engaging  
Strategy

Intentional  
Close

MY ACTIVITY / STRATEGY

TIME NEEDED

**WHO / WHERE** Example: 7th grade math, new staff orientation, 4th grade chess club, ELA team weekly meeting, meet-the-teacher night

## PURPOSE

Example: Bring up group's energy; to calm and focus; build relationships; process new learning, reflect

## ALIGNMENT

Example: SEL standard and/or indicator, SEL competency and/or focal construct, specific skill to practice and strengthen

## TRANSPARENCY

What do I want the group to know about the purpose or alignment of this activity? How will they know? How will I learn from the group whether it is working as intended?

## TARGET

What kind of interaction is the focus?  
Teacher ↔ Student, Student ↔ Student, Adult ↔ Adult, Self-Reflection